



## CYSTIC FIBROSIS MANAGEMENT PLAN

SCHOOL YEAR: \_\_\_\_\_

<b>Student Name:</b>	<b>DOB:</b>
<b>School:</b>	<b>Student ID:</b>
<b>CONTACTS:</b>	
<b>MOTHER:</b>	<b>FATHER:</b>
<b>HOME:</b>	<b>HOME:</b>
<b>WORK:</b>	<b>WORK:</b>
<b>CELL:</b>	<b>CELL:</b>
<b>If parents cannot be reached call:</b>	
<b>Name:</b>	<b>Phone:</b>
<b>Name:</b>	<b>Phone:</b>
<b>Physician:</b>	<b>Phone:</b>
<b>Hospital Preference:</b>	

**BASIC INFORMATION:** Cystic Fibrosis is a chronic, genetic disease resulting in the formation of a thick, sticky mucous which leads to severe respiratory and digestive problems. Treatment consists of various airway clearance therapies via medications and chest percussion as well as taking enzymes with every meal and snack to aid digestion. It is not contagious and affects each person differently.

**STUDENT HISTORY:** \_\_\_\_\_

\_\_\_\_\_

- GUIDELINES FOR SCHOOL:**
1. **COUGHING:** Have box of tissues at student's desk. Other measures: \_\_\_\_\_
  2. **WATER & RESTROOM PRIVILEGES:** Allow student to have water bottle in class and to use restroom as needed without hesitation.
  3. **NUTRITION:** Allow student to have extra snack as needed.
  4. **MEDICATIONS** before all meals and snacks: \_\_\_\_\_
  5. **ACTIVITY LIMITATIONS:** \_\_\_\_\_

**CALL PARENTS IF:** Student has fever, shortness of breath, pale skin color, fatigue and weakness, abdominal pain that increases, vomiting, cough that is blood tinged, or any other signs of illness or injury while at school.

**CALL 911 IF STUDENT IS UNABLE TO CATCH HIS/HER BREATH OR TURNS DUSKY OR BLUE AT LIPS, CHANGE IN LEVEL OF CONSCIOUSNESS, COUGHING OR VOMITING BLOOD.**

**Copy of this plan has been provided to Transportation Supervisor** Yes  No

\_\_\_\_\_  
PARENT SIGNATURE / DATE

\_\_\_\_\_  
COUNTY SCHOOL NURSE SIGNATURE/ DATE

Confidentiality must be upheld when talking to other parents or outside persons .Information about students and family is strictly confidential.